

**J0520. Pain Interference with Therapy Activities**

Enter Code

☐

Ask resident: "Over the past 5 days, how often have you limited your participation in rehabilitation therapy sessions due to pain?"

0. Does not apply - I have not received rehabilitation therapy in the past 5 days
1. Rarely or not at all
2. Occasionally
3. Frequently
4. Almost constantly
8. Unable to answer

Steps for Assessment

1. Read the question and response choices as written.

Coding Instructions

Code for pain interference with therapy activities over the last 5 days.

- **Code 0, Does not apply:** if the resident responds that they did not participate in rehabilitation therapy for reasons unrelated to pain (e.g., therapy not needed, unable to schedule) over the past 5 days.
- **Code 1, Rarely or not at all:** if the resident responds that pain has rarely or not at all limited their participation in rehabilitation therapy sessions over the past 5 days.
- **Code 2, Occasionally:** if the resident responds that pain has occasionally limited their participation in rehabilitation therapy sessions over the past 5 days.
- **Code 3, Frequently:** if the resident responds that pain has frequently limited their participation in rehabilitation therapy sessions over the past 5 days.
- **Code 4, Almost constantly:** if the resident responds that pain has almost constantly limited their participation in rehabilitation therapy sessions over the past 5 days.
- **Code 8, Unable to answer:** if the resident is unable to answer the question, does not respond, or gives a nonsensical response.

DEFINITION

REHABILITATION THERAPY

Special healthcare services or programs that help a person regain physical, mental, and/or cognitive (thinking and learning) abilities that have been lost or impaired as a result of disease, injury, or treatment. Can include, for example, physical therapy, occupational therapy, speech therapy, and cardiac and pulmonary therapies.

Coding Tips

- This item should be coded based on the resident's interpretation of the provided response options for frequency. If the resident is unable to decide between two options, then the assessor should code for the option with the higher frequency.

J0520: Pain Interference with Therapy Activities (cont.)



- Rehabilitation therapies may include treatment supervised in person by a therapist or nurse or other staff or the resident carrying out a prescribed therapy program without staff members present.
- Rehabilitation therapies do not include restorative nursing programs.

Example

1. When asked, “Over the past 5 days, how often have you limited your participation in rehabilitation therapy sessions due to pain?” the resident responded, “Since the surgery a week ago, the pain has made it hard to even get out of bed. I try to push myself, but the pain frequently limits how much I can do with my therapist.”

Coding: J0520 would be **coded 3, Frequently**.

Rationale: The resident reports that pain frequently limited participation in therapies over the past 5 days.

